



The metamodel - the importance of questions in the communication process - 2 h

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Context

Day by day, in everything we do, we use language. The impact of language, as well as the questions asked, suggest why our communication determines our efficiency, effectiveness, self-control and success.

Our communication reflects how we have omitted, generalized and distorted our neurological representations. By recognizing and causing omissions, generalizations and distortions in your own speech patterns and in others, you improve not only the way you communicate, but also the ability to choose what you really want from life. Gifted communicators master their own language. The more flexible your language, the more you can influence your own experience.

Thanks to the metamodel, a tool used to recognize how language works in our neurology, as we build our maps on reality we can easily observe how patterns govern our lives. In fact, language plays an obvious role in every area of life.

The language used governs the affairs and health of our families, the success or failure in business, dictates the level of our influence in churches, schools, political parties and even in the forms or reforms of our social environments. In all these systems, and in many others, language creates or destroys, confers power or limits our experiences. Influential language patterns come from the metamodel and give us a golden opportunity to influence our lives. The importance of the questions we use through the simple and deliberate use of these language patterns, extends our maps to experience more power and flexibility.

We propose 2h in which to experience the metamodel - the art of language and the art of questions in a new and exciting way.

Learning Objective:

- A vision of language;
- A series of questions designed to lead to the challenge of eliminating generalizations, distortions, omissions, information deficiencies.

Logistic Details:

- Duration: 2h; 8-15 participants, online and offline.